
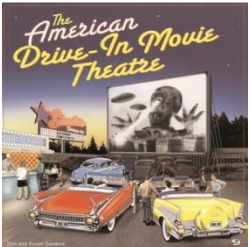





April Menu 2018 Heron Pond

All meals are served with 1% or fat free flavored milk

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cheese Nachos WW Chips Salsa, Sour Cream Vegetable Fruit	3 Asian BBQ Chicken Chicken Rice Vegetable Pineapple Fortune Cookie	4 Famous Chicken Bowl Chicken Potato Corn Gravy, Roll Fruit	5 BBQ Pork Sandwich Pork Roll Baked beans Vegetable Fruit	6 Papa Gino's Pizza Vegetable Fruit
9 Chicken Parmesan w/ Pasta WW Pasta, Marinara Sauce Chicken Cheese Fruit	10 Taco's in a bag Chips, Taco Meat Cheese, Salsa, Sour Cream, Carrot stix Red beans and Rice Fruit	11 Baked Potato Bar Assorted Toppings Salsa, Sour Cream Vegetable Roll Fruit	12 Cowboy Burger Burger Cheese Roll, BBQ Sauce Onion Rings Vegetable Fruit	13 Milford House Pizza Vegetable Fruit
16 Breakfast for Lunch French Toast Stix Syrup Potato Yogurt Juice	17 Grilled Cheese Sandwich Carrot Stix w ranch Dressing Fruit	18 Pasta w/ meat sauce WW Pasta Meat Marinara Sauce Vegetable Fruit	19 Roast Turkey Baked beans Mac& Cheese WW Bread Fruit	20 Papa Gino's Vegetable Fruit
23 Spring Break 	24 Spring Break 	25 Spring Break 	26 Spring Break 	27 Spring Break 
30. Hot Dog Roll Bean Salad Vegetable Fruit	1 Buffalo Chicken & Cheese Quesadilla Hummus w Carrots Stix Fruit	2 Cowboy Casserole Meat Cheese, Beans, Tater tots BBQ Sauce Cookie, Fruit	3 Fish Stix Fries Fruit, Cookie	4 Sal's Vegetable Fruit

Prices: Breakfast \$1.25 / Lunch-\$2.30. We also offer Free and Reduced meals for those who qualify. Just give me a call so we can go over the details. We want all children to have nutritious meals daily, both breakfast and lunch. Studies have shown that kids who eat breakfast do better in school. Let us help you achieve your child's full potential.

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Breakfast Served Daily

Monday	Tuesday	Wednesday	Thursday	Friday
Grab & Go Breakfast Cereal, Juice, Milk	Breakfast Sandwich WW Croissant Egg Cheese Juice or Fruit, & Milk	Strawberry Banana Smoothie Milk	WW Bagel Choice of Cream Cheese Sun Butter & Jelly Butter Fruit or Juice, & Milk	WW Cinnamon Donut Fruit or Juice & Milk

**Served Daily at Breakfast
Fruit & Yogurt Parfait**

Consist of
Yogurt, Fruit
Made from scratch granola
(No Nuts), Milk

**Served Daily at Lunch
Salad in a Basket**

Greens, Tomatoes,
Cucumbers, Carrots
Choice of Meat, & Cheese
WW Croutons, Dressing Milk

**Served Monday-Friday
Sandwiches**

Ham & Cheese,
Turkey & Cheese
Sun Butter & Jelly
Vegetable, Fruit, & Milk

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Heron Pond Kitchen-603 673-1811 Ext 5

Jacques Memorial Kitchen-603 673-4434 Ext 5

Maryanne Gallagher, Food Service Director

Milford School District – 603 673-4201 Ext 3473

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Menus are subject to change due to product availability

You now have the ability to pay for your students meals on line.

You can also monitor your child's account balance <http://ezschoolpay.com>