

March Menu 2018 Heron Pond Elementary

All meals are served with 1% or fat free flavored milk

Monday	Tuesday	Wednesday	Thursday	Friday
2/26 VACATION	2/27 VACATION	2/28 VACATION	1 VACATION	2 VACATION
5 Mac & Cheese w/ Ham Pasta Cheese Ham Vegetable Fruit	6 Turkey Club Sub Turkey Bacon Cheese Vegetable Chips Fruit	7 Ham, Cheddar, Broccoli Hot Pocket Fries Fruit	8 Turkey Noodle Soup Garlic Cheesy Bread Fruit	9 Pizza Papa Gino's
12 Southern Plate BBQ Pork Mac & Cheese Baked Beans Bread Fruit	13 CLOSED Teacher Workshop Day	14 Hot Turkey Sandwich Sliced Turkey Bread Carrots Fruit	15 Cowboy Burger WW Roll Burger Onion rings Cheese BBQ Sauce Spicy Beans Fruit	16 Pizza
19 Cheese Burger Sub WW Sub Roll Beef Cheese 3 Bean salad Fruit	20 Turkey Pot Pie Turkey Vegetables WW Crust Fruit	21 Roast Pork Dinner Pork Mashed Potato Carrots Gravy Fruit	22 Nachos w/ Cheese Sauce, Chips Red Beans & Rice Salsa, Sour Cream Fruit	23 Pizza Papa Gino's
26 Turkey Ranch Bacon Pinwheels Chips Fruit	27 Hard Shell Taco Meat Beans Citrus Slaw Cheese Sour Cream Fruit	28 Pasta w/ Meat sauce Pasta Meat Sauce Cheese Vegetable Fruit	29 Tuna Sandwich WW bread Tuna Fries Fruit	30 Pizza

Prices: Breakfast \$1.25 / Lunch-\$2.30. We also offer Free and Reduced meals for those who qualify. Just give me a call so we can go over the details. We want all children to have nutritious meals daily, both breakfast and lunch. Studies have shown that kids who eat breakfast do better in school. Let us help you achieve your child's full potential.

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

Heron Pond Kitchen-603 673-1811 Ext 5

Jacques Memorial Kitchen-603 673-4434 Ext 5

Maryanne Gallagher, Food Service Director

USDA is an equal opportunity provider and employer
 You now have the ability to pay for school Breakfast & lunch online.
 Monitor your child's account balance; go to- <http://ezschoolpay.com>

Milford School District – 603 673-4201 Ext 3473

mgallagher1@milfordk12.org

Menus are subject to change due to product availability

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Breakfast Served Daily

Monday	Tuesday	Wednesday	Thursday	Friday
Grab & Go Breakfast Cereal, Juice, Milk	Breakfast Sandwich WW Croissant Egg Cheese Juice or Fruit, & Milk	Strawberry Banana Smoothie Milk	WW Bagel Choice of Cream Cheese Sun Butter & Jelly Butter Fruit or Juice, & Milk	WW Cinnamon Donut Fruit or Juice & Milk

**Served Daily at Breakfast
Fruit & Yogurt Parfait**

Consist of
Yogurt, Fruit
Made from scratch granola
(No Nuts), Milk

Served Daily at Lunch

Salad in a Basket
Greens, Tomatoes,
Cucumbers, Carrots
Choice of Meat, & Cheese
WW Croutons, Dressing Milk

**Served Monday-Friday
Sandwiches**

Ham & Cheese,
Turkey & Cheese
Sun Butter & Jelly
Vegetable, Fruit, & Milk

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