

Menu for June 2017

It is our pleasure to serve our students with excellent quality meals! Our breakfast and lunches are healthy meals that provide an excellent source of nutrition to all students. Please call Heron Pond School 673-1811 x 5 or Jacques Memorial School 673-4434 x 5 if you have any questions. Daily meals are subject to change due to product availability.

Heron Pond & Jacques Memorial
Elementary Schools, Milford

This institution is a USDA EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

<p>Monday June 5</p> <p>~Breakfast~ WW & Reduced Sugar Cereal Cheese Stick Fruit, Juice & Milk</p> <p>~Lunch~ Hot Dog WW Bun Celery Sticks Strawberries or Fresh Fruit 8oz Milk</p>	<p>Tuesday June 6</p> <p>~Breakfast~ WW Bagel, Cream Cheese or Sunbutter & Jelly Fruit or Juice & Milk</p> <p>~Lunch~ Ham and Cheese Sub (French Bread) WW Pasta Salad 3 Bean Salad Raisins or Fresh Fruit 8oz Milk</p>	<p>Wednesday June 7</p> <p>~Breakfast~ WW & Reduced Sugar Cereal Cheese Stick Fruit, Juice & Milk</p> <p>~Lunch~ WW Mini Cinnis Oven Baked Ham Oven Baked Potatoes Orange Juice or Fresh Fruit 8oz Milk</p>	<p>Thursday June 8</p> <p>~Breakfast~ WW Bagel, Cream Cheese or Sunbutter & Jelly Fruit or Juice & Milk</p> <p>~Lunch~ Chicken Patty or Spicy Chicken Patty WW Bun Carrot Wheels Salad Strawberries or Fresh Fruit 8oz Milk</p>	<p>Friday June 9</p> <p>~Breakfast~ WW Cinnamon Buns or Croissant with Sausage Patty Fruit of the Day or Juice & Milk</p> <p>~Lunch~ Milford House of Pizza Broccoli Assorted Fruit 8oz Milk</p>
<p>Monday June 12</p> <p>~Breakfast~ WW & Reduced Sugar Cereal Cheese Stick Fruit, Juice & Milk</p> <p>~Lunch~ Chicken Tacos WW Soft Tortilla Tex-Mex Pasta Salad Baby Carrots Raisins or Fresh Fruit 8oz Milk</p>	<p>Tuesday June 13</p> <p>~Breakfast~ This & That for Breakfast Cereal, Bagel, Cinnamon Buns Fruit of the Day or Juice & Milk</p> <p>~Lunch~ Turkey Sandwich on a Bulkie WW Roll 3 Bean Salad Blueberries or Fresh Fruit 8oz Milk</p>	<p>Wednesday June 14</p> <p>~Breakfast~ WW & Reduced Sugar Cereal Cheese Stick Fruit, Juice & Milk</p> <p>~Lunch~ 4th & 5th Field Day WW Mini Maple Burst Pancakes Yogurt Oven Baked Potatoes 100% Juice Very Berry Bar 8oz Milk</p>	<p>Thursday June 15</p> <p>~Breakfast~ WW Bagel, Cream Cheese or Sunbutter & Jelly Fruit or Juice & Milk</p> <p>~Lunch~ 2nd & 3rd Field Day Chicken Nuggets WW Dinner Roll Cucumber Wheels 100% Juice Very Berry Bar 8oz Milk</p>	<p>Friday June 16</p> <p>~Breakfast~ WW Cinnamon Buns or Croissant with Sausage Patty Fruit of the Day or Juice & Milk</p> <p>~Lunch~ Milford House of Pizza Broccoli Assorted Fruit 8oz Milk</p>

Available Daily for Breakfast

Oatmeal or Parfait Power
Protein of the Day
Fresh Fruit
Juice
Milk

Available Daily for Lunch

Daily Salad Bar in a Basket
Greens, Diced Tomatoes, Diced Cucumbers,
Carrots, Salad Dressing, Choice of Protein
(Ham, Cheese, Turkey, Tuna, 3 Bean Salad),
Whole Wheat Side, Fruit & Milk

Daily Sandwich Bar /Whole Wheat Bread
Monday-Thursday
Ham, Ham & Cheese, Turkey, Turkey Cheese,
Tuna, Grilled Cheese & Sunbutter & Jelly
Friday - Grilled Cheese only

Prices:

Breakfast: \$1.25 & Lunch: \$2.30 WW = Whole Wheat
Free & Reduced Breakfast & Lunch available (call for details)

Contacts:

Heron Pond Cafeteria: 603-673-1811 ext.5
Jacques Memorial Cafeteria: 603-673-4434 ext.5

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<p>Monday June 19 Heron Pond</p> <p>~Breakfast~ This & That for Breakfast Cereal, Bagel, Cinnamon Buns Fruit of the Day or Juice & Milk</p> <p>~Lunch~ Heron Pond Menu Chicken Patty Or Spicy Chicken Patty On WW Bun 3 Bean Salad Assorted Fruit 8oz Milk</p>	<p>Tuesday June 20</p> <p>~Breakfast~ This & That for Breakfast Cereal, Bagel, Cinnamon Buns Fruit of the Day or Juice & Milk</p> <p>~Lunch~ WW Mini Cinnis Yogurt Oven Baked Potatoes Orange Juice or Fresh Fruit 8oz Milk</p>	<p>Wednesday June 21</p> <p>~Breakfast~ This & That for Breakfast Cereal, Bagel, Cinnamon Buns Fruit of the Day or Juice & Milk</p> <p>~Lunch~ Milford House of Pizza Assorted Veggies Assorted Fruit 8oz Milk</p>	<p>Thursday June 22</p>	<p>Friday June 23</p> <p><i>From Food Service: Thank you for participating in our healthy school meals! It is our pleasure to serve you! We look forward to serving you again 2017-2018! Have a wonderful summer! Rocio Johnson Elementary Food Service Manager</i></p>
<p>Monday June 19 JMS</p> <p>~Breakfast~ This & That for Breakfast Cereal, Bagel, Cinnamon Buns Fruit of the Day or Juice & Milk</p> <p>~Lunch~ JMS Field Day Menu Turkey & Cheese Wrap 100% Juice Very Berry Bar Assorted Fruit 8oz Milk</p>	<p>Tuesday</p>	<p>Wednesday</p>	<p>Thursday</p>	<p>Friday</p>

Available Daily for Breakfast

Oatmeal or Parfait Power
Protein of the Day
Fresh Fruit
Juice
Milk

Available Daily for Lunch

Daily Salad Bar in a Basket
Greens, Diced Tomatoes, Diced Cucumbers,
Carrots, Salad Dressing, Choice of Protein
(Ham, Cheese, Turkey, Tuna, 3 Bean Salad),
Whole Wheat Side, Fruit & Milk

Daily Sandwich Bar /Whole Wheat Bread
Monday-Thursday
Ham, Ham & Cheese, Turkey, Turkey Cheese,
Tuna, Grilled Cheese & Sunbutter & Jelly
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