



Teachers and Visitor Lunch Menu

October 1st Chicken Tenders Marinate in Ranch Dressing

Romaine, Spring Mix, Chicken Tenders, Diced Cucumbers, Diced Tomatoes, Carrots

October 7th Summer Time Salad

Romaine Lettuce, Diced Chicken Salad (Pineapple & Cranberries, Diced Apples), Sunflower Seeds, Diced Tomatoes, Diced Cucumbers

October 15th Harvest Time Salad

Romaine Lettuce, Diced Chicken Tenders, Sunflower Seeds, Diced Apples, Cranberries, Diced Tomatoes, Diced Cucumbers

October 22nd Garden Salad with Diced Turkey and Cheese

Romaine Lettuce, Diced Turkey, Cheese, Diced Cucumbers, Diced Tomatoes, Carrots

October 29th Caesar Salad

Romaine, Spinach, Diced Chicken, Black Olives, Cucumbers, Homemade Crouton

Friday Wrap

October 8th Turkey Club

Turkey, Crispy Bacon, Fresh Lettuce, Tomato

October 16th Chicken Salad

Chicken Salad, Lettuce, Tomato

October 23rd Ham & Cheese

Ham, Cheese, Lettuce and Tomato

October 30th BLT with Cheese

Romaine Lettuce, Lettuce, Tomatoes, Cheese and Bacon

Parents, Guardian and Grandparents are welcome to join us. When dining with your child we prefer you order from our healthy menu. Adult meals are \$4.00 your meal comes with fruit, veggie, and milk of your choice.

Please call Heron Pond 673-1811 ext 4 by 10:30 am or Jacques Memorial at 673-4434 ext 2 by 10:30 am

We look forward to your visit! 😊

